

September Newsletter

Notes From The Principal



Dear Memorial Families,

The 2017-18 school year is off to a GREAT start at Memorial School! The students, staff, and I are having a wonderful time getting to know one another and are truly enjoying getting back into the "swing of things," after the lazy days of summer break. As a new member of the Memorial School Family, I am so very impressed with the community. The welcoming atmosphere and the kindness of each and every person I have met has been overwhelming. Being the new principal of Memorial School is truly a gift. Thank you for entrusting the Memorial Staff and me every day with your most precious gifts....your children.

Speaking of gifts, you may begin noticing some gifts in the form of painted rocks coming home with your children. Our theme for this year is "Memorial School Kindness Rocks!" The staff and I chose this theme for several reasons. One reason was to support the positive initiative sweeping our nation. However, more importantly, we felt it was important to start the year modeling and teaching our students the power of kindness. The Memorial Staff started our year making "Kindness Rocks" for one another, and I was fortunate enough to have already had a student bring one to school for me! Who knew a painted rock could make someone feel so special, but "one kind word can change a person's day."

If you'd like to learn more about the "Kindness Rocks" initiative, please visit the "Kindness Rocks Intro" at the following link: <https://www.youtube.com/watch?v=T31pgIEYKP4&sns=em>. We welcome all of the Memorial Community to join our initiative.

Please know, as we go forward this school year, the staff and I welcome and encourage you to be part of your child's school experience. We hope you take advantage of the many opportunities provided by our PTA to participate in family events and other classroom experiences. In order to be our very best, we need every member of this community to be involved. Also, please do not ever hesitate to reach out with questions, comments, or concerns. The success of a child at school is only as good as the partnership between home and school.

Warm regards,
Kelly Voliva
Memorial School Principal

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Dates To Remember:

- 9/4 Holiday NO SCHOOL
- 9/5 Individual Band Interviews at Memorial
- 9/7 "Dancing Drum" Assembly for students
- 9/7 PTA Meeting 5:00pm
- 9/11 BOE Meeting 6:00pm Ad Center
- 9/13 Grandparents & Special Friends Night at Memorial 5:30-7:00pm
- 9/29 Picture Day

Nurse's Notes

Welcome Back to our returning Memorial Students and **WELCOME** to our new students in Kindergarten, Early Learning and those who have transferred from another school.

The Health Office is well equipped to handle the health needs of our Memorial students on a daily basis. We are looking forward to an academic year of good health and healthy choices for all our students and staff as we learn to maintain and promote a healthy life style.

A quick review of when to keep your student home from school:

- Fever (Temperature above 100F) A student needs to be fever free for 24 hours without taking fever reducing medication to return to school
- Naging cough, that disrupts the class and your student
- Vomiting/ Diarrhea Please keep your student at home until they have not vomited or had diarrhea for 24 hours.
- Any contagious illness, such as strep throat needs a health care provider's clearance to return to school.

Kindergarten and Early Learning Parents: Please send a clean change of clothing to school for your child to keep in their locker, including underwear and socks in the event that they become wet or dirty at recess or have a toileting accident.

Kindergarten students have until October 15th to turn in their **EYE EXAMS**.

Kindergarten and Grade 2 students, please turn in outstanding **DENTAL EXAM** reports.

Please return all health forms to the Health Office as soon as possible. In the near future, we look forward to reporting that Memorial School is fully compliant with ALL health records as mandated by the State of Illinois. Please don't hesitate to call me if you have any questions or concerns.

For Students requiring to have medication available at school, whether it be over the counter or prescription, there is a **Medication Form that MUST be completed by both the parent and the physician.** This medication form must be returned to the Health Office before the student may take ANY medication at school.

There are many students whose parents have informed the Health Office that their student has either a diagnosis of **ASTHMA and /or a LIFE THREATENING FOOD ALLERGY.** These conditions require an **Allergy Action Plan and/ or Asthma Action Plan and Medications at school,** in order to provide treatment in the event it is necessary. If an Allergy or Asthma Action Plan packet has come home in a large brown envelope....please take the time to complete the paperwork and return it to school in a timely manner.

Nurse's Notes Continued

Influenza Season is fast approaching. Here's the latest update from the Center for Disease Control:

Why should people get vaccinated against the flu?

Influenza is a serious disease that can lead to hospitalization and sometimes even death. Every flu season is different, and influenza infection can affect people differently. Even healthy people can get very sick from the flu and spread it to others. Over a period of 31 seasons between 1976 and 2007, estimates of flu-associated deaths in the United States range from a low of about 3,000 to a high of about 49,000 people. During recent flu seasons, between 80% and 90% of flu related deaths have occurred in people 65 years and older. "Flu season" in the United States can begin as early as October and last as late as May.

During this time, flu viruses are circulating at higher levels in the U.S. population. An annual seasonal flu vaccine (either the flu shot or the nasal spray flu vaccine) is the best way to reduce the chances that you will get seasonal flu and spread it to others. When more people get vaccinated against the flu, less flu can spread through that community.

How do flu vaccines work?

Flu vaccines cause antibodies to develop in the body about two weeks after vaccination. These antibodies provide protection against infection with the viruses that are in the vaccine.

The seasonal flu vaccine protects against the influenza viruses that research indicates will be most common during the upcoming season. A flu vaccine is needed every season for two reasons. First, the body's immune response from vaccination declines over time, so an annual vaccine is needed for optimal protection. Second, because flu viruses are constantly changing, the formulation of the flu vaccine is reviewed each year and sometimes updated to keep up with changing flu viruses. For the best protection, everyone 6 months and older should get vaccinated annually.

HELP WANTED

SUBSTITUTE NURSES IN SCHOOL DISTRICT 146

Are you a registered nurse interested in working as a substitute in School District 146 schools? Or do you know someone who would be a good fit in this position? It's an ideal position for registered nurses who work part-time or are retired. Substitute nurses undergo a brief orientation and will be called occasionally to work in any of our schools on an as-needed basis. See our District website under "Employment" for additional details (www.district146.org). If you have any questions, please contact Marian Betley, R.N. at Kruse School, 614-4530 Ext 3402. Interested applicants should call Terri Stahulak, Human Resources Specialist, 708-614-4500, Ext. 3114, or apply in person at the School District 146 Administration Center, 6611 W. 171st Street. Candidates must hold an active Illinois Professional Nurse's license.

Office Notes

Please notify the office at (708) 614-4535 of the following:

1. Student absences must be called in by 9:00 a.m. on the day of the absence.
2. Tardy student: when the student arrives at school he/she must be accompanied by a parent and signed in by that parent upon arrival.
3. Any change in transportation plans no later than 2:00pm.
4. Homework requests must be received by 9:00 am and will be forwarded to the teacher. It will be available for pick-up in the office between 3:35-4:00 pm.

Just a reminder

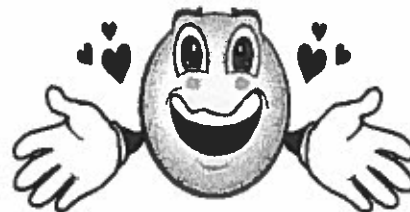
*School starts at 8:45 a.m. and dismissal is at 3:35 p.m. Students are not allowed on the school grounds before 8:30 a.m. as there is no adult supervision until that time. Students should not play on the playground before school as students need to start coming into the building at 8:30.

*Once bike riders have reached school property, they should walk their bikes to the bike rack per the student/parent handbook on Pg. 27, and secure their bikes with a bike lock.

Thank you for your cooperation in this area.
The Office Staff

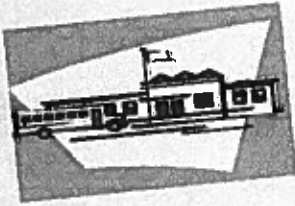


Welcome To The Family



Kelly Voliva	Our New Principal
Christina DeGrado	Kindergarten PM
Lynn Hoppenrath	Paraprofessional (returning to us from Kruse)
Eileen Feldkamp	PT Custodian

Memorial School



6701 W. 179th Street
Tinley Park, IL. 60477
Phone # 708-614-4535
Fax #708-614-7501

We're On The Web
www.district146.org



Please note the correct phone number for contacting Sunrise Southwest Bus Company (708) 844-0800



While dropping off or picking up students please do not park in the condominium parking lot to the west of the school lot. The condominium association has gone to the district office and complained. They will call the police if you park there.

Also, please do not leave your vehicle while picking up or dropping off students from the west parking lot.

Reminder - place the pink car-rider sign in your window when picking up your child.

Mark your calendars for Grandparents and Special Friends Night.

Wednesday, September 13th
from 5:30-7:00pm



Memorial Picture Day is Friday, September 29th, 2017

Please watch for a picture envelope to come home with your student. Students will need to return their pre-paid envelopes on picture day in order to receive the package of their choice. Everyone will have their picture taken and every student will receive a classroom composite even if an order is not placed. If you're paying by check please make the check payable to *Lifetouch*, if paying by cash please have the exact amount in your envelope.

Remember: All picture packages must be paid for on picture day.

September Breakfast Menu



Breakfast is offered daily for \$1.00

**Got Questions? Contact Cheryl Witas @
708-614-4500 or cwitas@district146.org**

				1 Soft Chocolate Chip Oatmeal Bar Choice of Fruit & Milk
4 No School Labor Day	5 Cinnamon Toast Crunch Bag Choice of Fruit & Milk	6 Blueberry Muffin w/cheese stick Choice of Fruit & Milk	7 Strawberry Poptart (whole grain) w/cheese stick Choice of Fruit & Milk	8 Soft Apple Oatmeal Bar w/cheese stick Choice of Fruit & Milk
11 Cinnamon Frosted Poptart (whole grain) w/cheese stick Choice of Fruit & Milk	12 Soft Strawberry Oatmeal Bar w/cheese stick Choice of Fruit & Milk	13 Chocolate Chip Muffin w/cheese stick Choice of Fruit & Milk	14 Cinnamon Toast Crunch Bag w/cheese stick Choice of Fruit & Milk	15 Soft Apple Oatmeal Bar w/cheese stick Choice of Fruit & Milk
18 Apple Cinnamon Muffin w/cheese stick Choice of Fruit & Milk	19 Cinnamon Toast Crunch Bag Choice of Fruit & Milk	20 Blueberry Muffin w/cheese stick Choice of Fruit & Milk	21 Strawberry Poptart (whole grain) w/cheese stick Choice of Fruit & Milk	22 Soft Apple Oatmeal Bar w/cheese stick Choice of Fruit & Milk
25 Cinnamon Frosted Poptart (whole grain) w/cheese stick Choice of Fruit & Milk	26 Soft Strawberry Oatmeal Bar w/cheese stick Choice of Fruit & Milk	27 Chocolate Chip Muffin w/cheese stick Choice of Fruit & Milk	28 Cinnamon Toast Crunch Bag w/cheese stick Choice of Fruit & Milk	29 Soft Apple Oatmeal Bar w/cheese stick Choice of Fruit & Milk

September CCSD 146 Lunch Menu



Got Questions? Contact Cheryl Witas @ 708-814-4500 or email lwitas@district146.org

Daily Lunch \$3.05 served with choice of sides and milk

DID YOU KNOW?

All of our beef is 100%- no soy or tnp
 Non of our ingredients contain pork or non kosher gelatin
 Our turkey meatballs are all turkey, and our bacon is turkey
 Hot Dogs are 100% beef
 We offer daily a variety of FRESH fruits & vegetables with lunch
 All grains, breakfast entrees, pastas, rice and tortillas are all whole grain

1 French Bread Pizza
 or
 Cheeseburger
 or
 Hamburger

 Cucumber & Ranch
 Assorted Fresh Fruit
 Choice of Milk

<p>4 NO SCHOOL LABOR DAY</p>	<p>5 FULTON POTATO BAR Pizza Burger or Mini Pancakes/cheese stick or Chopped Turkey Salad Baby Carrots & Dip Assorted Fresh Fruit Choice of Milk</p>	<p>6 FULTON DELI Double Turkey Tacos or Classic Turkey Sandwich or Chicken Patty Sandwich Black Beans Assorted Fresh Fruit Choice of Milk</p>	<p>7 FULTON DELI Rotini Pasta w/Meatballs or All Beef Hot Dog or Chicken Bacon Ranch Wrap Tossed Salad & dressing Assorted Fresh Fruit Choice of Milk</p>	<p>8 Stuffed Crust Pizza or Cheeseburger or Hamburger Broccoli & Dip Assorted Fresh Fruit Choice of Milk</p>
<p>11 Bosco Sticks w/marinara or All Beef Hot Dog or Yogurt Parfait Lunch Baby Carrots & Dip Assorted Fresh Fruit Choice of Milk</p>	<p>12 FULTON FIESTA BAR Chicken Parmesan Bowl or Mini Pancakes/cheese stick or Chopped Turkey Salad Chilled Peas Assorted Fresh Fruit Choice of Milk</p>	<p>13 FULTON DELI Chicken Tacos or Classic Turkey Sandwich or Chicken Patty Sandwich Refried Beans Assorted Fresh Fruit Choice of Milk</p>	<p>14 FULTON DELI Italian Meatball Submarine or All Beef Hot Dog or Chicken Bacon Ranch Wrap Baked Potato Wedges Assorted Fresh Fruit Choice of Milk</p>	<p>15 Personal Pan Pizza or Cheeseburger or Hamburger Celery Sticks & Dip Assorted Fresh Fruit Choice of Milk</p>
<p>18 Jumbo Corn Dog or All Beef Hot Dog or Yogurt Parfait Lunch Baby Carrots & Dip Assorted Fresh Fruit Choice of Milk</p>	<p>19 FULTON POTATO BAR Pizza Burger or Mini Pancakes/cheese stick or Chopped Turkey Salad Celery Sticks & Dip Assorted Fresh Fruit Choice of Milk</p>	<p>20 FULTON DELI Double Turkey Tacos or Classic Turkey Sandwich or Chicken Patty Sandwich Black Beans Assorted Fresh Fruit Choice of Milk</p>	<p>21 FULTON DELI Rotini Pasta w/Meatballs or All Beef Hot Dog or Chicken Bacon Ranch Wrap Tossed Salad & dressing Assorted Fresh Fruit Choice of Milk</p>	<p>22 Stuffed Crust Pizza or Cheeseburger or Hamburger Broccoli & Dip Assorted Fresh Fruit Choice of Milk</p>
<p>25 Chicken Nuggets w/Roll or All Beef Hot Dog or Yogurt Parfait Lunch Baby Carrots & Dip Assorted Fresh Fruit Choice of Milk</p>	<p>26 FULTON FIESTA BAR Orange Chicken Rice Bowl or Mini Pancakes/cheese stick or Chopped Turkey Salad Chilled Peas Assorted Fresh Fruit Choice of Milk</p>	<p>27 FULTON DELI Turkey Nachos or Classic Turkey Sandwich or Chicken Patty Sandwich Refried Beans Assorted Fresh Fruit Choice of Milk</p>	<p>28 FULTON DELI Cheese Ravioli w/Garlic Bread or All Beef Hot Dog or Chicken Bacon Ranch Wrap Baked Potato Wedges Assorted Fresh Fruit Choice of Milk</p>	<p>29 Personal Pan Pizza or Cheeseburger or Hamburger Celery Sticks & Dip Assorted Fresh Fruit Choice of Milk</p>