

# November Newsletter



## Halloween Fun Mrs. Voliva is mummified



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### Dates To Remember:

- 11/8 On-Line scheduling for P/T Conferences begins
- 11/13 Veterans Day Program 1:30pm
- 11/17 Picture Re-Takes
- 11/17 Movie Night 5:45pm-8:00pm
- 11/20 & 11/21 Parent-Teacher Conferences
- 11/22-11/26 Holiday **NO SCHOOL**



## Nurse's Notes

Many parents are asking, "When should I keep my child home from school?"

Here are some simple guidelines for keeping an ill student at home:

- **FEVER:** Temperature greater than 100 degrees. Student can return to school after 24 hours of being fever-free, without taking any fever-reducing medications.
- **VOMITING and DIARRHEA:** Student can return to school 24 hours after symptoms subside. Emphasize good hand-washing at home after each visit to the bathroom.
- **CONSTANT COUGH:** If the student's cough disrupts their ability to perform school tasks, please consider seeking medical care for the cough and keeping them at home.
- **PINK EYE (CONJUNCTIVITIS):** If upon awakening the eye(s) are crusty and the white part of the eye and inner eye lid are pink or red, please seek medical attention. The student may return to school 24 hours after treatment is started or when approved by a health care provider to return to school.
- **UNKNOWN RASH:** If your student develops a rash that is not explainable, such as eczema, poison ivy, or dermatitis, please have the rash evaluated by a health care professional prior to returning to school.

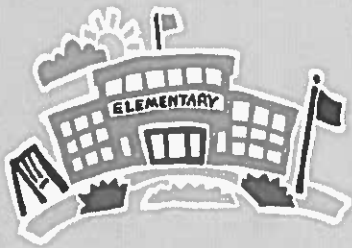
If your child is sick in the morning with any of the above illnesses or any other symptoms not conducive to attending school, please make arrangements for your child to stay at home or with a trusted adult. This way your student can get the rest and care they deserve while they are ill.

For all contagious illnesses, we encourage frequent hand-washing with soap and water as well as covering coughs with a bent arm and coughing into the sleeve, thus avoiding our hands when coughing.

**WINTER WEATHER** will be upon us shortly. Please send your child to school with the appropriate clothing for the weather conditions. The students will be going to outdoor recess unless the outdoor temperature falls below 20 degrees. Hats, mittens or gloves, and a warm coat are a necessity. Boots will be needed when the snow arrives.

**SUGGESTION:** Send an extra pair of pants and socks to school to be kept in your student's locker in the event your student gets wet while at recess. Your child will have the benefit of dry, warm clothes immediately and you will save a trip to school to bring clean clothes.

## Memorial School



6701 W. 179th Street  
Tinley Park, IL. 60477  
Phone # 708-614-4535  
Fax # 708-614-7501

We're On The Web  
[www.district146.org](http://www.district146.org)

## Veterans Day



Each year, Memorial School celebrates and honors all of the brave men and women who selflessly served in our armed forces during their lifetime. This year, our Veteran's Day celebration will take place on Monday, November 13th at 1:30pm. We would like to invite veterans of Memorial Families to join us. There will be a program in the gym presented by the students, followed by refreshments and an optional classroom session. The program will begin at 1:30pm. Please enter Memorial through the front doors. Guests will then proceed to the gym. Our students will honor the veterans with song, speech and tokens of appreciation.. Please join us!

## Parent/Teacher Conferences

Parent-Teacher Conferences will be held on Monday, November 20th from 11:00am to 8:00pm and Tuesday, November 21st from 8:00am to 11:45am. This year we are using an on-Line scheduling program, Canyon Creek Software to schedule conference times. Conferences that require multiple staff members will be scheduled first. All other students at Memorial will be scheduled later when Canyon Creek scheduling becomes available to all on November 8th. We will be sending out more information on how to do your on-line scheduling at a later date.



## Picture Re-Takes



Picture re-take day at Memorial will be on Friday, November 17th. All new students will receive a picture envelope. Please send it back with your student on picture day. If you do not wish to select a picture package, your child's picture will still be taken for the classroom composite, (all students receive a complimentary classroom photo). If you wish to have your child's picture re-taken, the package you received previously must accompany your student on re-take day. Your child will take the package to the photographer and will be re-photographed (you will receive the same package you previously chose). If you have any questions please call the office at (708) 614-4535.

# Memorial PTA NEWS



## SAVE the DATE

Friday, November 17th  
Movie Night  
5:45pm – 8:00pm

Monday, December 4th  
PTA Meeting  
5:00pm – 6:00pm

December 11th – 15th  
Santa Shop  
School Hours

Thursday, January 11th  
PTA Meeting  
5:00pm – 6:00pm

Wednesday, January 17th  
Roller Skating Party  
6:00pm – 8:30pm

Monday, February 5th  
PTA Meeting  
5:00pm – 6:00pm

Friday, February 23rd  
Family Dance  
5:30pm – 7:00pm

## November Movie Night



Save the date!!!

The Memorial PTA Fall movie night will be on Friday, November 17<sup>th</sup> from 5:45pm to 8:00pm.

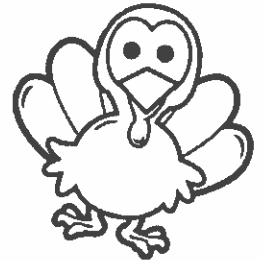
More information will be going home with students!

## No School Reminder

### Giving Thanks for a Week Off

Just a reminder that there will be no school the week of November 20<sup>th</sup>.

Wishing everyone a very happy, safe and tasty Thanksgiving!



## Thank You

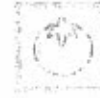


Thank you all who participated in our spooky fun night on Friday, October 27<sup>th</sup> for the Memorial PTA Harry Potter Dance.

We had a record turn out. Thank you to all of our parent and teacher volunteers. We couldn't do without your help!

Please remember to Like Us on Facebook – MemorialPTA146

# NOVEMBER Breakfast Menu



<p>Breakfast is offered daily for \$1.00</p> <p>Got Questions? Contact Cheryl Witas at 708-614-4500 or cwitas@district146.org</p>		<p>1 Nutrigrain Apple Cinnamon Bar w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>	<p>2 Strawberry Poptart (whole grain) w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>	<p>3 Soft Chocolate Chip Oatmeal Bar w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>
<p>6 Cinnamon Raisin Bagel w/cream cheese</p> <p>Choice of Fruit &amp; Milk</p>	<p>7 Cinnamon Toast Crunch Bag w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>	<p>8 Strawberry Poptart (whole grain) w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>	<p>9 Blueberry Muffin w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>	<p>10 Soft Apple Oatmeal Bar w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>
<p>13 Cinnamon Frosted Poptart (whole grain) w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>	<p>14 Nutrigrain Strawberry Bar w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>	<p>15 Cinnamon Toast Crunch Bag w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>	<p>16 Chocolate Chip Muffin w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>	<p>17 Nutrigrain Blueberry Bar w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>
<p>20 No meal service Parent Teacher Conferences</p>	<p>21 No meal service Parent Teacher Conferences</p>	<p>22 <i>Happy Thanksgiving</i></p>		
<p>27 Cinnamon Frosted Poptart (whole grain) w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>	<p>28 Soft Strawberry Oatmeal Bar w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>	<p>29 Cinnamon Raisin Bagel w/cream cheese</p> <p>Choice of Fruit &amp; Milk</p>	<p>30 Chocolate Chip Muffin w/cheese stick</p> <p>Choice of Fruit &amp; Milk</p>	

# NOVEMBER Lunch Menu CCSD146 ELEMENTARY



Got Questions? Contact Cheryl Witas @ 708-614-4500 or email [cwitas@district146.org](mailto:cwitas@district146.org)  
Daily Lunch \$3.05 served with choice of sides and milk

**\*GS= GLUTEN SAFE: prepared without any wheat, but not guaranteed gluten free**

**DID YOU KNOW?**

- All of our beef is 100%- no soy or tvp
- Non of our ingredients contain pork or non kosher gelatin
- Our turkey meatballs are all turkey, and our bacon is turkey
- Hot Dogs are 100% beef
- We offer daily a variety of FRESH fruits & vegetables with lunch
- All grains, breakfast entrees, pastas, rice and tortillas are all whole grain

	<p><b>1 FULTON DELI BAR</b> Popcorn Chicken Bowl w/mashed potatoes &amp; two mini soft pretzels or Classic Turkey &amp; Cheese Sandwich or Cheeseburger Corn Assorted Fresh Fruit Choice of Milk</p>	<p><b>2</b> Fiesta Nachos Grande (w/cheesesauce)*GS or All Beef Hot Dog or Chicken Bacon Ranch Wrap Seasoned Beans Assorted Fresh Fruit Choice of Milk</p>	<p><b>3</b> French Bread Pizza or Chicken Patty Sandwich  <b>**Chocolate Chip Cookie w/Lunch</b> Celery Sticks &amp; Ranch Assorted Fresh Fruit Choice of Milk</p>	
<p><b>6 FULTON PANINI BAR</b> Chicken Parmesan Bowl or All Beef Hot Dog or Yogurt Parfait Lunch  Baby Carrots &amp; Dip Assorted Fresh Fruit Choice of Milk</p>	<p><b>7 FULTON DELI BAR</b> Pizza Burger or Mini Pancakes/cheese stick or Chopped Turkey Salad*GS Croutons &amp; soft pretzel rod on side  <b>**Carnival Cookie w/Lunch</b> Baby Carrots &amp; Dip Assorted Fresh Fruit Choice of Milk</p>	<p><b>8 FULTON DELI BAR</b> Double Turkey Tacos or Classic Turkey &amp; Cheese Sandwich or Cheeseburger Black Beans Assorted Fresh Fruit Choice of Milk</p>	<p><b>9</b> Rotini Pasta w/Meatballs or All Beef Hot Dog or Chicken Bacon Ranch Wrap Tossed Salad &amp; dressing Assorted Fresh Fruit Choice of Milk</p>	<p><b>10</b> Stuffed Crust Pizza or Chicken Patty Sandwich  Broccoli &amp; Dip Assorted Fresh Fruit Choice of Milk</p>
<p><b>13 FULTON FIESTA BAR</b> Bosco Sticks w/marinara or All Beef Hot Dog or Yogurt Parfait Lunch  Baby Carrots &amp; Dip Assorted Fresh Fruit Choice of Milk</p>	<p><b>14 FULTON DELI BAR</b> Italian Chicken Sandwich on Ciabatta Roll or Mini Pancakes/cheese stick or Chopped Turkey Salad*GS Croutons &amp; soft pretzel rod on side <b>**Pudding Parfait w/lunch</b> Chilled Peas Assorted Fresh Fruit Choice of Milk</p>	<p><b>15 FULTON DELI BAR</b> Walking Tacos *GS or Classic Turkey &amp; Cheese Sandwich or Cheeseburger  Refried Beans Assorted Fresh Fruit Choice of Milk</p>	<p><b>16</b> Homestyle Turkey Dinner w/Gravy &amp; Stuffing &amp; Soft Mini Pretzel or All Beef Hot Dog or Chicken Bacon Ranch Wrap Mashed Potatoes Assorted Fresh Fruit Choice of Milk</p>	<p><b>17</b> Stuffed Crust Pizza or Chicken Patty Sandwich  Broccoli &amp; Dip Assorted Fresh Fruit Choice of Milk</p>
<p>No meal service Parent Teacher Conferences</p>				
<p><b>27 FULTON BURGER BAR</b> Chicken Nuggets w/two soft mini pretzels or All Beef Hot Dog or Yogurt Parfait Lunch  Baby Carrots &amp; Dip Assorted Fresh Fruit Choice of Milk</p>	<p><b>28 FULTON DELI BAR</b> Chicken Stirfry over Brown Rice *GS or Mini Pancakes/cheese stick or Chopped Turkey Salad*GS Croutons &amp; soft pretzel rod on side <b>**Pudding Parfait w/Lunch</b> Assorted Fresh Fruit Choice of Milk</p>	<p><b>29 FULTON DELI BAR</b> Popcorn Chicken Bowl w/mashed potatoes&amp; dinner roll or Classic Turkey &amp; Cheese Sandwich or Cheeseburger Corn Assorted Fresh Fruit Choice of Milk</p>	<p><b>30</b> Fiesta Nachos Grande (w/cheesesauce)*GS or All Beef Hot Dog or Chicken Bacon Ranch Wrap Seasoned Beans Assorted Fresh Fruit Choice of Milk</p>	